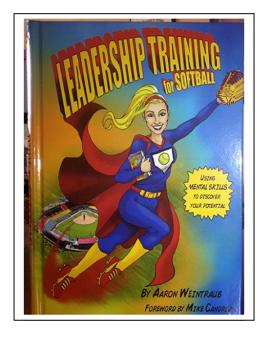
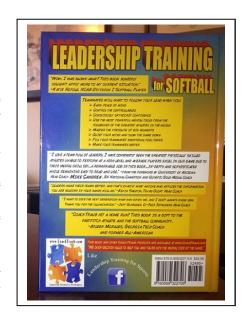
Leadership Training for Softball



Order Form

Leadership Training for Softball provides details and distinctions on what athletes already know so that they can more quickly get what they want from their sport. It uses mental skills training, motivational quotes and stories, and numerous exercises and activities to help build awareness and vision, inspire confidence, help athletes lead by example, connect with empathy, and still have the resources left in the tank to help teammates give their best effort, too. This is a "how to" book for building team chemistry, getting better faster, and dealing effectively with pressure.



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